

From *The Organic Consumers Association*
and *The Green Patriot Working Group*

Personal Care and Cleaning Products



SAFETY GUIDE

March 2010

Make a difference by avoiding 1,4-dioxane and supporting the companies who do!

How to Use this Guide

This flier lists all products tested to date by the Organic Consumers Association (OCA) for the petrochemical carcinogen 1,4-dioxane. 1,4-dioxane is considered a “contaminant” and therefore not listed on product labels. Products with no trace of 1,4-dioxane are listed here as **SAFE**. Products with less than 5 parts per million are listed as **CAUTION** (use sparingly) and products with more than 5 parts per million are listed as **AVOID**.

Please keep in mind that many conventional products contain 1,4-dioxane. If your favorite product is not listed here, avoid products containing *myreth, oleth, laureth, cetareth*, any other “*eth*,” *PEG, polyethylene, polyethylene glycol, polyoxyethylene, or oxynol*.

CONSUMER PRODUCT SAFETY IN ACTION

In 2007, the OCA and consumer advocate David Steinman began testing a variety of personal care and household cleaning products for the presence of the petrochemical carcinogen 1,4-dioxane. Thanks to annual press conferences announcing the results of this testing and a subsequent lawsuit from the California Attorney General’s office, many leading companies have recently reformulated their products to eliminate or reduce 1,4-dioxane. However, too many leading brands still contain this toxic chemical.

WHAT IS 1,4-DIOXANE?

Many manufacturers use ethoxylation, a cheap, shortcut process that provides mildness to harsh cleaning ingredients and generates 1,4-dioxane as a by-product. 1,4-dioxane is a chemical “known to the State of California to cause cancer” under proposition 65, and is also suspected as a kidney toxicant, neurotoxicant and respiratory toxicant, according to the California EPA. 1,4-dioxane is also a significant groundwater contaminant, according to The Environmental Working Group.

WHY IS TESTING NECESSARY?

As it is considered a byproduct or “contaminant,” 1,4-dioxane is not included on product ingredient listings. This guide includes information for recently tested products, as performed by the independent third-party laboratory Exova.

For more information, please visit www.1-4dioxane.com and www.safelaundryguide.com.

Dishwashing Soap

SAFE

- Citrus Magic 100% Natural Dish Liquid
- Clorox Green Works Natural Dishwashing Liquid Free & Clear
- Earth Friendly Products Ultra Dishmate
- Life Tree Citrus Fresh Dish Soap
- Mrs. Meyer’s Clean Day Liquid Dish Soap
- Seventh Generation Natural Dish Liquid

CAUTION

- Ajax Dish Liquid Lemon
- Ecover Dishwashing Liquid
- Joy Ultra Concentrated Dishwashing Liquid
- Method Go Naked Naturally Derived Ultra Concentrate Dish Soap
- Palmolive Original Dish Liquid
- Planet Ultra Dishwashing Liquid

AVOID

- Palmolive Pure & Clear Sparkling Fresh Concentrated Dish Liquid

Hand Soap

SAFE

- Avalon Organics Glycerin Hand Soap
- Burt’s Bees Citrus & Ginger Root Hand Soap
- Dr. Bronner’s Magic All-One Organic Fair Trade Shikakai Soap
- Jason Apricot Satin Soap
- Jason Fragrance Free Satin Soap
- Kiss My Face Moisture Soap
- Method Almond Flower Natural Hand Wash
- Nature’s Gate Oatmeal Velvet Liquid Soap
- Nourish Food for Your Healthy Skin Organic Fragrance-Free Hand Wash from Sensibility Soaps
- TerrEssential Organic Real Soap for Hands Jammin’ Spice with Organic Tea Tree Oil

CAUTION

- Method Creamy Hand Wash
- Rainbow Gentle Antibacterial Soap

AVOID

- Dial Clean & Soft Aloe antibacterial hand soap

All Purpose Soap

SAFE

- Dr. Bronner’s Peppermint Soap
- Dr. Bronner’s Magic Soaps 18-in-1 Hemp Almond Pure Castile Soap
- EO All Purpose Soap

Laundry Detergents

SAFE

- Clorox Green Works Natural Detergent
- Dreft (powdered)
- ECOS (Earth Friendly Products)
- Life Tree
- Method Squeaky Green
- Seventh Generation Free & Clear
- Sun Burst

CAUTION

- ALL
- Mrs. Meyers
- Wisk 2X Ultra
- Woolite Complete

AVOID

- Arm & Hammer
- Cheer BrightCLEAN
- Era 2X Ultra
- Gain 2X Ultra

AVOID

- Ivory Snow
- Planet Ultra
- Purex
- Tide
- Tide Free

Household Cleaners

SAFE

- Clorox Green Works Natural All-Purpose Cleaner
- Clorox Green Works Natural Dilutable Cleaner
- Dr. Bronner’s Sal Suds Cleaner

Baby & Childrens' Body Wash & Shampoo

SAFE

- Aubrey Organics Natural Baby & Kids Bath Soap
- Aubrey Organics Natural Baby & Kids Shampoo
- Circle of Friends Buenas Noches Bubble Bath
- TerrEssential Organic Baby Wash

CAUTION

- Circle of Friends No Tearski Shampoo
- Huggies Baby Wash Shea Butter
- Huggies Natural Care Baby Wash Extra Gentle and Tear Free
- Johnson & Johnson's Head-to-Toe Baby Wash
- Lil' Bratz Mild Bubble Bath (Kid Care)
- L'Oreal Kids Orange Mango Smoothie Shampoo
- Mr. Bubble Bubble Bath Gentle Formula with Aloe
- Nature's Gate Baby Soothing Shampoo*
- Nick, Jr. Dora the Explorer Strawberry Bubble Bath (MZB Personal Care)
- Rainbow Soap for Kids
- Rite-Aid Tearless Baby Shampoo
- Scooby-Doo Mild Bubble Bath (Kid Care)
- Disney Pixar Cars Piston Cup Bubble Bath (MZB Personal Care)
- Healthy Times Baby's Herbal Garden Honey-suckle Baby Bath*
- Healthy Times Baby's Herbal Garden Pansy Flower Shampoo*
- Hello Kitty Bubble Bath (Kid Care)
- Johnson & Johnson's Kids Shampoo Watermelon Explosion
- Sesame Street Wet Wild Watermelon Bubble Bath (The Village Company)*

AVOID

- Disney Clean as Can Bee Hair & Body Wash (Water Jel Technologies)

Shampoos & Conditioners

SAFE

- Aubrey Organics Swimmer's Normalizing Shampoo
- Avalon Organics Nourishing Shampoo
- Burt's Bees Very Volumizing Shampoo
- Desert Essence Organics Hair Care Lemon Tea Tree Shampoo
- Dr. Bronner's Magic All-One Organic Fair Trade Shikakai Conditioning Hair Rinse
- Dr. Hauschka Apricot and Sea Buckthorn Shampoo
- Ecco Bella Hair Therapy Shampoo
- EO Volumizing Shampoo
- Giovanni Golden Wheat Deep Cleanse Shampoo
- Giovanni Smooth as Silk Deep Moisture Shampoo
- Head Organics Clearly Head Shampoo
- Hugo Naturals Geranium Shampoo
- Intelligent Nutrients 100% Nontoxic Plant Chemistry Hair Cleanser
- Jason Tea Tree Scalp Normalizing Shampoo
- Kiss My Face Obsessively Organic Whenever Shampoo
- Lamas Soy Hydrating Shampoo for Chemically Treated, Dry or Damaged Hair
- Nature's Gate Organics Fruit Blend Shampoo
- Origins Ginger Up Aromatic Conditioner
- Shikai Natural Everyday Shampoo
- TerrEssential Organic Sultry Spice Pure Earth Hair Wash

CAUTION

- 365 Everyday Value Shampoo*
- Emerald Forest with Sapayul Botanical Shampoo
- Garnier Fructis Fortifying Shampoo for Normal Hair
- Nature's Gate Awapuhi Volumizing Shampoo*
- NutriBiotic Super Shower Gel Shampoo with GSE (fresh fruit)
- ShenMin Vitalize Shampoo for Thin, Fine Hair
- Suave Naturals Passion Flower Shampoo
- Ultra-Hair Conditioning Shampoo by Nature's Plus
- Grandpa's Pine Tar Shampoo
- Head & Shoulders 2 in 1 Classic Clean Dandruff Shampoo + Conditioner
- Kroger Dandruff Shampoo
- Pantene Pro-V Moisture Renewal Shampoo
- Sea-Chi Organics Tasmanian Lavender Shampoo

AVOID

- Herbal Essences Body Envy Volumizing Shampoo*
- Herbal Essences Drama Clean Refreshing Shampoo*
- Herbal Essences Long Term Relationship Shampoo for Long Hair*

*Manufacturer advises they are in process of reformulating this product

Body Wash

SAFE

- Alba Passion Fruit Body Wash
- Alba Very Emollient Bath & Shower Gel (Island Citrus)
- Burt's Bees Body Wash
- Desert Essence Body Wash
- Dr. Bronner's Magic Soaps 18-in-1 Hemp Almond Pure Castile Soap
- Dr. Hauschka Body Wash Fresh
- EO Nourishing Shower Gel
- Giovanni Cleanse Moisturizing Body Wash
- Hugo Naturals Spearmint Shower Gel
- Intelligent Nutrients 100% Nontoxic Plant Chemistry Total Body Cleanser
- Kiss My Face Early to Bed Shower Gel & Foaming Bath
- Kiss My Face Obsessively Organic Lavender & Chamomile Self Foaming Liquid Soap
- Nourish Food for Your Healthy Skin Organic Chai Vanilla Body Wash from Sensibility Soaps
- Pure Basic Natural Bath & Body Wash Wild Banana Vanilla
- TerrEssential Organic Body Wash Organic Cool Mint
- Zia Fresh Cleansing Gel with Sea Algae

CAUTION

- 365 Everyday Value Shower Citrus Grapefruit Shower Gel*
- CVS Body Wash
- Dial Body Wash
- Dove Deep Moisture Beauty Body Wash
- Fresh Milk Milk Bath and Shower Cream
- Irish Spring Body Wash
- Lever 2000 Advanced Body Wash with Vaseline Intensive Care Fresh Aloe
- Lever 2000 Original Body Wash
- Longs Extra Moisturizing Body Wash
- NutriBiotic Super Shower Gel (Fresh Fruit)
- Olay Body Ultra Moisture with Shea Butter Body Wash
- Origins for Men Skin Diver Active Charcoal Body Wash
- Origins Ginger Burst Savory Body Wash
- Softsoap Pink Grapefruit Splash Moisturizing Body Wash
- Shikai Moisturizing Shower Gel

AVOID

- Aura Cacia Natural Aromatherapy Bubble Bath
- Body Essence Ultra Moisturizing Tea Tree Oil Body Wash
- Olay Complete Body Wash with Vitamins (Normal Skin)

Facial Cleansers

SAFE

- Lily of the Desert Aloe Vera 80 Facial Wash
- TerrEssential Organic Fragrance-Free Facial Cleanser

CAUTION

- Earth Therapeutics Loofah Exfoliating Scrub Oatmeal & Honey

Lotions, Sunscreens & Shave Lotions, Deodorant

SAFE

- 365 Everyday Value Body Lotion
- Alba Moisturizing Foam Shave Mango Vanilla
- Dr. Bronner's and Sundog's Magic Orange Lavender Organic Lotion
- Dr. Bronner's and Sundog's Magic Organic Lotion
- Herbal Clear PG Free Aloe Fresh Deodorant
- Jason Apricot Deodorant Stick
- Kiss My Face Everyday SPF 15 Moisturizer
- Lubriderm Daily Moisture Lotion—Normal to Dry Skin—Fragrance Free
- Nature's Gate Lavender & Aloe Deodorant
- Nourish Organic Vanilla Yogurt Body Butter by Sensibility Soaps
- Origins Hydrating Body Lotion
- Origins Sunshine State SPF 20 Sunscreen
- TerrEssential Organic Flower Therapy Silken Velvet Body Lotion
- Zia Skin Basics Daily Moisture Screen SPF 15 with Cucumber

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